

Conneaut School District -- Grade/Dept

Major Topic	Concepts	Time	The students will know:	Skills	Assessment	Standard(s)
Substance Abuse	<ul style="list-style-type: none"> -Drugs and Addiction -Addictive Behaviors -Drug Misuse and Abuse -Common Drugs of Abuse -Treating and Reducing Drug Abuse -Alcohol and Your Health -Alcohol Abuse and Dependence 	-3-4 Weeks	<ul style="list-style-type: none"> -Define addiction -Identify the signs of addiction -Describe the impact of addiction on friends and family -Identify the six categories of drugs and their routes of administration -Review problems relating to the misuse and abuse of prescription drugs -Discuss the use and abuse of controlled substances -Discuss treatment and recovery options for addicts, as well as public health approaches to preventing drug abuse and reducing the impact of addiction on our society -Explain the physiological and behavioral effects of alcohol -Identify short-term and long-term effects of alcohol consumption -Describe alcohol use disorder and its risk Factors, causes, and costs to society, and discuss options for treatment 	<ul style="list-style-type: none"> -Note Taking -Practice Worksheets -Hands-on Activities -Videos -PowerPoint/Prezi 	<ul style="list-style-type: none"> -Quizzes -Chapter Tests 	<p>NHES: 1.12.8, 1.12.9,2.12.6 , 2.12.10,3.12.1</p> <p>NHES: 2.12.1, 2.12.3,2.12.5 , 2.12.7, 2.12.8, 2.12.9,6.12.1 , 7.12.1</p> <p>NHES: 3.12.4, 4.12.4, 8.12.2 1.12.4</p>

Mental Health	<ul style="list-style-type: none"> -Mental Health -Mood Disorders -Anxiety Disorders -Obsessive-Compulsive Disorder -Posttraumatic Stress Disorder -Risk Factors for Suicide -Warning Signs of Suicide -Preventing Suicide -Mental Health Professionals 	-2-3 Weeks	<ul style="list-style-type: none"> -Define mental health -Discuss the roles of self-efficacy and self-esteem, emotional intelligence, personality, maturity, and happiness in mental health well-being -Describe and differentiate mood disorders, anxiety disorders, obsessive-compulsive disorder and posttraumatic stress disorder -Explain the causes and treatments of mood disorders, anxiety disorders, obsessive-compulsive disorder and posttraumatic stress disorder -Discuss risk factors and possible warning signs of suicide -Discuss actions that can be taken to help a person contemplating suicide -Explain the different types of treatment options and professional services available to people experiencing mental health problems 	<ul style="list-style-type: none"> -Note Taking -Practice Worksheets -Hands-on Activities -Videos -PowerPoint/Prezi 	<ul style="list-style-type: none"> -Quizzes -Chapter Tests 	NHES: 1.12.4, 2.12.6, 3.12.2, 1.12.2, 2.12.5, 2.12.7, 3.12.4, 1.12.6, 2.12.3, 3.12.3, 4.12.4,
Human Development	<ul style="list-style-type: none"> -Endocrine System -Male Reproduction System -Female Reproduction System -Heredity -Development Before Birth 	-3-4 Weeks	<ul style="list-style-type: none"> -Describe the general roles of the endocrine system. -Identify the glands of the endocrine system. -Describe functions of the male reproductive system. -Identify ways to keep the male reproductive system healthy. -Describe functions of the female reproductive system. -Summarize the stages of the menstrual 	<ul style="list-style-type: none"> -Note Taking -Practice Worksheets -Hands-on Activities -Videos -PowerPoint/Prezi 	<ul style="list-style-type: none"> -Quizzes -Chapter Tests 	NHES: 1.12.4, 2.12.5, 2.12.8, 8.12.4, 5.12.7, 6.12.2, 6.12.3, 6.12.4, 1.12.1, 2.12.3,

	<ul style="list-style-type: none"> -Healthy Pregnancy -Childbirth -Childhood 	<p>cycle.</p> <ul style="list-style-type: none"> -Identify ways to keep the female reproductive system healthy. -Explain how genetic information passes from one generation to the next. -Identify the causes of genetic disorders. -Compare the role of genes, environment, and behavior in affecting a person's risk for disease. -Summarize the events that occur during the first week after fertilization. -Describe the structures that protect and nourish the embryo and fetus. -Identify behaviors that are essential for a healthy pregnancy. -Explain the importance of prenatal care throughout pregnancy. -Identify the three stages of the birth process. -Describe complicating factors that may arise at birth.-Describe changes that children undergo during early childhood. -Identify key areas of development that occur during middle and late childhood. 			<p>2.12.1, 5.12.1, 5.12.2, 7.12.1, 8.12.2, 8.12.3, 1.12.5, 3.12.3, 3.12.1, 3.12.4, 4.12.1, 4.12.4,</p>
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Physical Fitness	<ul style="list-style-type: none"> -The Skeletal System -The Muscular System -The Nervous System -The Cardiovascular System -Cardiovascular Health -Respiratory Health 	-2-3 Weeks	<ul style="list-style-type: none"> -Identify the main roles of the skeletal system -Describe the functions of the bones and joints -Explain how you can keep your skeletal system healthy -Describe the functions of the three types of muscles -Explain the functions of the nervous system and the role of neurons -Describe the roles of the central nervous system and the peripheral nervous system -Identify the most important thing you can do to keep your nervous system healthy 	<ul style="list-style-type: none"> -Note Taking -Practice Worksheets -Hands-on Activities -Videos -PowerPoint/Prezi 	<ul style="list-style-type: none"> -Quizzes -Chapter Tests 	<ul style="list-style-type: none"> -NHES: 1.12.1, 1.12.3, 1.12.4 1.12.5 1.12.8 2.12.6 6.12.1 6.12.3 7.12.1 7.12.2 7.12.3
Preventing Disease	<ul style="list-style-type: none"> -The risks of sexual activity - Kinds of STIs -HIV and AIDS -Protecting Yourself From HIV and AIDS - Cardiovascular 	-2-3 weeks	<ul style="list-style-type: none"> -Identify risky behaviors associated with the current epidemic of sexually transmitted infections. -Describe behaviors that can help prevent the spread of sexually transmitted infections. -Identify the most common STIs including their symptoms and treatments. 	<ul style="list-style-type: none"> -Note Taking -Practice Worksheets -Hands-on Activities -Videos -PowerPoint/Prezi 	<ul style="list-style-type: none"> -Quizzes -Chapter tests 	<ul style="list-style-type: none"> -NHES:- 1.12.1, 1.12.3, 1.12.5, 1.12.8, 1.12.9, 1.12.4, 2.12.1,

	<p>Diseases</p> <ul style="list-style-type: none"> -Cancer -Other chronic diseases -Disabilities 	<ul style="list-style-type: none"> -List other STIs and describe their symptoms. -Know when a person should seek treatment for a STI. -Explain how HIV infection leads to AIDS. -Describe how HIV is transmitted from person to person. -Summarize the state of HIV infection and AIDS throughout the world. -Identify behaviors that can prevent the spread of HIV. -Describe how a person gets tested for HIV. -Describe the goal of HIV treatment. -List the types of cardiovascular disease. -Describe the ways in which cardiovascular disease is detected and treated. -Identify risk factors for cardiovascular disease and ways to lower your risk. -Describe how cancer affects the body. -Identify the test and treatments for cancer. -List ways you can prevent cancer. -Distinguish between the two types of diabetes. -Describe how allergies and asthma affect the body. -Identify the symptoms of arthritis. -Identify the most common physical disabilities. -Explain how the rights of people with disabilities are protected. 			<p>2.12.3, 2.12.6, 2.12.10, 3.12.1, 3.12.2, 3.12.3, 3.12.5, 4.12.1, 4.12.3, 4.12.4, 6.12.1, 7.12.1, 7.12.2, 7.12.3, 8.12.1, 8.12.3, 8.12.6</p>
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<p>Women's Services DATE Program</p>	<ul style="list-style-type: none"> -Healthy Relationships -Physical Abuse -Emotional Abuse -Sexual Abuse -Active Bystander 	<p>1 week</p>	<ul style="list-style-type: none"> -Understand the types of abuse and how abuse affects relationships -Explain the warning signs of abuse, why abuse happens, who is at fault, and the extent to which abusive behaviors affects relationships. -Recognize healthy and unhealthy behaviors in a relationship -Identify people and agencies to which they can turn for help -Support a friend, relative, or acquaintance who has had a problem related to bullying, harassment, and/or abuse. -Safely intervene as a bystander to prevent harassing, bullying, and abusive behavior of others. 	<ul style="list-style-type: none"> -Role Play -Discussion -Videos 	<p>-None</p>	<p>6.12.2, 6.12.3, 6.12.4, 1.12.1, 2.12.3, 2.12.1, 5.12.1, 5.12.2, 7.12.1, 8.12.2, 8.12.3, 1.12.5, 3.12.3, 3.12.1, 3.12.4, 4.12.1, 4.12.4,</p>
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